

NAMI Upper Valley Board Meeting  
Minutes November 18, 2025

X	Kim Jardine-Dickerson President	X	Sandy Sandvig, Support Chair	X	Jane Roberts, CSP Liaison & BHB Liaison, past pres.
X	Larry Roberts, VP, Mental Health Court Liaison		Brandi Daw, BHC Liaison		Membership Chair (vac)
X	Lynne Wade, Secretary, Children's BHB Liaison		Allix Durkin, BHC, Veterans pgms	X	Ray Montgomery, Recovery Patient Rights bd @ SHS
X	Michael Sandvig, Treas, CIT Liaison		Emily Usher, Veterans pgms	X	Kim Felde, promoter/organizer for NAMI Walks
			Chloe Felde, Youth outreach		Sandra McManus, Mental Health Court Liaison

**1. Welcome, Introductions of Guests**

- Tanner Rohne Executive Director of Idaho Falls YMCA
- Erika Neiner is working to establish a NAMI Board in Pocatello, ID.

**2. Approval of Minutes for October 2025**

- Mike moves to accept minutes for October and Ray 2nds, Unanimously Approved

**3. Treasurer's Report**

- Mike Sandvig reports our total inflows YTD donations from unrestricted organizations and individuals = \$11,460.34
- Total outflows YTD after various expenses i.e. advertising, computer software, dues paid to NAMI, business expenses for travel, postage and delivery, PO box rental, printing for advocacy and awareness, Professional and legal fees = \$ 7,367.83
- Overall total = \$ 4092.51
- Cash flow from 10/21/25-11/18/25
  - a) Total inflow 25.87
  - b) Total outflow 589.57
  - c) Overall total **-563.70**
- Lynne moves to accept financial report, Kim D. 2nds and it is Unanimously Approved

**4. Family and Peer Support groups**

- Sandy reports 30 participants for the Connection Group for October, 1 new participant and 6 veterans

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- The Family-to-Family class was completed, and the participants were awarded a certificate. The next Family to Family will be in Spring 2026.
- The Family support group has a steady attendance of 5 with 2 new almost every week. This group has helped many family members of loved ones with mental health problems.

**5. Community Involvement and Programs**

- Erika Niner attended our board meeting via Zoom and was excited about starting a NAMI affiliate in Pocatello, ID. She wants to establish a Connections peer support, a young adult community, and Hearts and Minds group. Erika has the kind of energy NAMI needs!
- Tanner Rohne is the Executive Director of the YMCA. There are so many programs for families and children that he told us about, to help the needy in our community.
  - a. The YMCA partners with the statewide Foster Families to include the children in sports activities free of charge
  - b. They have showers available for the homeless
  - c. Reduced rates and scholarships for after-school activities, summer camps and sporting events for low-income families and children
  - d. Special rates and exercise groups for seniors in the gym, and a group called Ageless Grace for timeless fitness of brain, and body.

**6. Meeting Adjournment** Mike moves that we adjourn and Larry 2<sup>nd</sup> its Unanimously Approved

**7. Upcoming Events**

- After a Zoom meeting with the event coordinator for NAMI Walks Kerri Copelin, Kim Felde volunteered to help coordinate that event on June 6<sup>th</sup>, 2026.
- Kim D. asks that we hold our board meetings 1 hour earlier for the next 3 meetings because of the daylight savings time change.
- Our next meeting will be a potluck at the Development Workshop Kitchen on December 16<sup>th</sup>.
- 1<sup>st</sup> Thursdays.....Community Suicide Prevention meeting at noon. See their FB page for details: [communitysuicidepreventionid.org](https://www.facebook.com/communitysuicidepreventionid.org)
- 3<sup>rd</sup> Fridays.....R7 Behavioral Health Board Meetings See [Meetings, Agendas & Minutes | Eastern Idaho Public Health](#)
- Every Thursday at 7 pm.... Connection Peer Recovery Support Group see [namiidaho.org/calendar](https://namiidaho.org/calendar) for meeting information.

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- 3<sup>rd</sup> Tuesdays.....NAMI UV Board Meeting
- 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays...Family Support Group – in-person and Zoom (meeting
- ID 860 4324 9858, passcode: nami)