

NAMI Upper Valley Annual Board Meeting
Minutes February 17, 2026

X	Kim Jardine-Dickerson, President	X	Michael Sandvig, Treas. CIT Liaison	X	Jane Roberts, CSP Liaison, BHB Liaison
X	Larry Roberts, VP, Mental Health Court Liaison		Sandy Sandvig, Support Chair	X	Mark Cukars, Center for Hope Liaison
X	Lynne Wade, Secretary, Children's MH Liaison		Ray Montgomery, Recovery Patient Rights Bd @ SHS		Brandi Daw, EIRMC BHC Liaison

1. **Welcome and Introductions:** Rich Theisen, Kim Reimen, Zack Hunt, Mark Cukar, Rand Ricks, Matt Hardin and Ericka Neimer (on Zoom).
2. Matt Hardin, Guest Speaker, is the Crisis Center Director for Magellan.
 - He told us about the crisis suicide number 988 that has been able to help many people during crisis and suicidal ideation.
 - Matt reported that Idaho State is making cuts to many Medicaid programs, but Crisis Systems will not be cut.
 - The crisis hotline workers get calls from many people who are just having a difficult day. The response team helps the caller keep their emotional state from escalating.
 - With a new call origin locating system the Mobile Response Team can be on the road to help in minutes
 - a) Often the team is already in the area
 - b) Also, they have reduced the travel time to rural areas.
 - c) If the MRT are able they will coordinate care for the person in crisis
 - d) If unable they will call EMS or the police (less than 1% of the time they call EMS)
3. **Review and Approval of Minutes for January 2026**
 - Larry moves to accept minutes as written, and Jane 2nds the motion. Unanimously approved
4. **Mike reports Finances for NAMI UV**
 - Cash inflow year to date 1/1/2026 to 2/17/2026 consists of donations from unrestricted organizations and individuals and dues = 365.87
 - Cash outflows consist of dues paid to NAMI, printing and reproductions (business), professional and legal fees, utilities, web services = 628.13
 - Overall total = -262.26
 - Larry makes motion to accept the financial report, Mark Cukars seconds the motion. Unanimously approved
5. **Nami UV Liaisons report:**
 - Larry and Jane report that Mental Health Court is moving many participants up to levels where they do not have to attend MHC every week. Eventually, the participants graduate and return to independent living.

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- Jane reports that Community Suicide Prevention has plans for more Angel Bench Memorials in rural cemeteries. These are dedicated to families and friends who've lost loved ones to suicide, and for suicide awareness.

6. Annual Elections

- Welcome to our newest board member Mark Cukars from the Center for Hope. He is working with NAMI UV to include Family Support groups and Family to Family classes at Center for Hope.
- Thank you to all our returning board members who will work hard for NAMI UV another year.

7. New Business and Announcements

- It was obvious that we needed a speaker for our Zoom attendees this evening, but Larry had a nice one that we borrowed. Mike made a motion to buy a speaker for future board meetings; Kim seconded the motion. Unanimously approved.
- The next Family to Family class will start Thursday, March 19th, 2026, at the Idaho Falls YMCA, 155 N Corner Ave 6:30 pm to 9:00 pm. These classes are free.
- NAMI UV and Idaho Falls Public Library will host another free class on Mental Health and Psychotropic Medications, March, 25, 2026, from 6:30-8:00 pm on the second floor IFPL.

8. Adjournment

- Lynne moves to adjourn the meeting and Jane seconds. Unanimously approved.

9. Upcoming Events

- 1st Thursdays.....Community Suicide Prevention meeting at noon. See their FB page for details: communitysuicidepreventionid.org
- 3rd Fridays.....R7 Behavioral Health Board Meetings See [Meetings, Agendas & Minutes | Eastern Idaho Public Health](#)
- Every Thursday at 7 pm.... Connection Peer Recovery Support Group namiidaho.org/calendar for meeting information.
- 3rd Tuesdays.....NAMI UV Board Meeting
- 2nd and 4th Tuesdays...Family Support Group – in-person and Zoom (meeting ID 860 4324 9858, passcode: nami)