

NAMI Upper Valley Board Meeting
Minutes October 21, 2025

X	Kim Jardine-Dickerson President	X	Sandy Sandvig, Support Chair	X	Jane Roberts, past Pres. CSP Liaison & BHB Liaison
X	Larry Roberts, VP Mental Health Court Liaison		Brandi Daw, BHC Liaison		Membership Chair (vac)
X	Lynne Wade, Secretary Children's BHB Liaison		Allix Durkin, BHC, Veterans pgms		Ray Montgomery, Recovery Patient Rights Bd @ SHS
X	Michael Sandvig, Treas. CIT Liaison	X	Emily Usher, Veterans pgms		Kim Felde, pending
			Chloe Felde, Youth outreach	X	Sandra McManus, pending

1. Welcome, Introductions and Roll Call

- Our board extended a Special Invitation to Judge Michael J. Whyte. We awarded him a Certificate of Appreciation for his service on the Mental Health Court.

2. Approval of Minutes

- Mike moved to accept the minutes for August 2025, Jane 2nd. The board Unanimously approved the minutes.

3. Treasurer's Report

- Mike Sandvig says our bank is now Citizens Community Bank because of a change of management.
- Payments need to be made to Quicken 143.88 and McAfee 99.99, Kim moves to pay these entities and Lynne 2nd, Unanimously Approved.
- Mike Sandvig reports donations from unrestricted organizations and individuals, dues paid to Nami Upper Valley.
- Brings the Cash flow YTD 1/1/2025-10/21/2025 total inflows = 11,434.47
- After various expenses, advertising, computer software, insurance, dues paid to NAMI, traveling expenses, entertainment expenses, business expenses total outflows = 6,858.26
- The overall total = 4,576.21
- Mike paid a stipend of \$80 to a facilitator by accident. Kim moves that we write that off because it might be a hardship for this person to repay it, and Sandra McManus 2nd the motion. Unanimously Approved.
- Jane moves that we accept the Treasurer's report and Sandy S. seconded the motion. Unanimously Approved.

4. Connections Support Group

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- Sandy Sandvig reports the total Connections group participants for September were 25. Four new people and 4 veterans.
- For the 3rd quarter the attendance equaled 80 participants. Nine new people and 10 veterans.
- Sandy reports that Shari Harer and Tom Poole were paid \$80. dollars in stipends for September
- Sandy provided a list of Justice Involved Programs and Connection Support Groups in Idaho. Some are signature/some non-signature (sanctioned by NAMI National/not sanctioned by NAMI National).
- Kim D. would like to see a peer support group formed for the jail population

5. Updates on community affiliates meetings

- The monthly Suicide Prevention meeting discussed some new Angel Bench memorials and the CSP 2025 conference on September 19th.
- The Children's Mental Health Meeting will have a resource fair on January the 16th to inform area families about services available for their children with mental health issues. Many families are looking for services after business hours and weekends.
- Larry, Jane Roberts and Sandra M. attend Mental Health Court weekly.
- It was very informative to have Judge Whyte explain how this program is so successful. 5 phases. Phase 1 comes weekly, Phase 2 twice a month, Phase 3, 1 time monthly, Phase 4&5 only attend court as needed for graduation, Phase 5 has community support connections laid out, they write a crisis plan and work through a crisis drill.
 - a) Habilitation class: teaching skills they may have forgotten or never learned i.e. calendaring, budgeting, job application, keeping a job, required UA's, classes, daily involvement, resolving medication and health issues.
 - b) Classes include cognitive behavioral treatment designed to enhance moral reasoning and improve decision making skills called MRT
- How can NAMI UV help? Judge Whyte would like to stay updated on the activities that NAMI UV plans that Mental Health Court participants can be included in.

6. New Business

- February 2026 there will be a workshop on Faith Based Programs

7. Adjournment

- Kim D. moved to adjourn, Lynne 2nd, Unanimously Approved

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8. Upcoming events

- NAMI Idaho Conference in Boise November 14th 8:00 AM to 1:30 PM
- Sugar-Salem Resource Fair – 10 N Cutler Ave, Sugar City

1st Thursdays.....Community Suicide Prevention meeting at noon. See their FB page for details: communitysuicidepreventionid.org

3rd Fridays.....R7 Behavioral Health Board Meetings See [Meetings, Agendas & Minutes | Eastern Idaho Public Health](#)

Every Thursday at 7 pm.... Connection Peer Recovery Support Group see namiidaho.org/calendar for meeting information.

3rd Tuesdays.....NAMI UV Board Meeting

2nd and 4th Tuesdays...Family Support Group – in-person and Zoom (meeting ID 860 4324 9858, passcode: nami)